

# INSIDE

*Inclusion of People with Intellectual Disabilities*



## iNS!DE

social INcluSion of people with  
Intellectual DisabilitiEs through sport

**INSIDE** is an Erasmus+ Sport program, a collaborative partnership that aims to promote social inclusion of PwID through sport. As part of the project activities, an innovative training methodology for PwID will be developed and a capacity building training course will be created.

### **Target group**

People with intellectual disabilities (PwID), sports coaches, professionals working with PwID, associated organizations, NGOs, stakeholders in national and EU level and local communities.

**Agreement number:** 622450-EPP-1-2020-1-EL-SPO-SCP



**Project Duration:** 24 Months

## **PARTNERS**

Organization Earth, Greece,(Coordinator)

Margarita, Greece

Barca Foundation, Spain

US Acli, Italy

Arcil, Portugal

Health Life Academy, Croatia

Current implementation phase: IO1 Empowering Sport Methodology Handbook, IO2 “Easy-to-read” Sport and Games Guide, IO4 Web-tool

## **ONLINE KICK-OFF MEETING**

The project’s kick-off meeting took place online during March, following the COVID-19 restrictions and health regulations. The partnership agreed to the project’s timeline and started working towards achieving the project’s aims.

During the first project’s semester, partners have been working on the development of an empowering training methodology based on the collection of best practices. The project team aims to create an empowering sport and games methodology that will be further used for achieving the project's objectives.

## WHAT'S NEXT

The partners are currently working on the development of the “Easy-to-read” Sport and Games Guide (IO2) and the Webtool (IO4). The development of the “Easy-to-read” Sport and Games Guide aims to offer to PwID an easy and creative toolkit for promoting their involvement in sports and games by promoting their autonomy in terms of organizing such activities. The Webtool will serve as a digital platform for connecting sports coaches, people working in the field of empowering PwID as well as PwID for promoting their social empowerment through sports participation.



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